



Leumeah High School

Wellbeing Plan 2012



	7	8	9	10	11	12
Pastoral Care Theme	Transition to High School	Social Interactions	Social Media Awareness	Risk Taking	Mental Wellbeing	Maximising your HSC
Seminars and programs	Transition week Peer Support Anti-bullying Study Skills	Anti-bullying Conflict Resolution Cyber-bullying Study skills	Cyber-bullying Effective communication Study skills	Drugs & Alcohol Cyber-bullying Mental Health Study Skills	Study Skills Stress Management U-Turn-The-Wheel	Goal Setting (Career focus) Stress Management Study Skills
School & Community Service			Peer Support Training	Peer Support Mentoring Program Beverly Park visits	Peer Tutor Reading Mentoring Program Movember	24 Hour Walk
Team Building	Camp	Picnic Day	Picnic Day	Picnic Day	Picnic Day	Picnic Day
Parent Seminars	Transition and anti-bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying; Drugs & Alcohol	Anti-Bullying	Anti-Bullying