



Leumeah High School

Supporting Responsible Student Mobile Device Usage



iPhone and iPad Devices

Managing your students device

The features in Screen Time are something that we think all parents should be aware of. Below you will find a list of these features followed by some instructions on how to set them up.

There is much debate around the effects of screen time on young people. The truth of the matter is that we are unaware what these will be, however, researchers at this point appear to be leaning towards supporting quality use of screen time as the key difference. This means using devices for educational and creative pursuits when appropriate.

If you are concerned about the amount of screen time that your child engages in, this document outlines, for users of iPhones and iPads, how you as the parent can place effective restrictions on your child's device.

We would also recommend that a number of these restrictions be used to support students to focus on their learning while at school. As outlined in our Mobile Phone Policy, students are not allowed to use or have a mobile device out of their bag or pocket while at school. These features may support students to avoid the temptation.

Downtime

During Downtime only the applications you choose to allow and phone calls will be available. We would recommend this during school hours.

App Limits

With App limits you can limit how much time per day an app can be used for. For example, you might decide that playing a game for an hour per day is sufficient.

Communications Limits

This allows you to choose who your child can communicate with down time. You might allow them to contact you but prevent them from texting friends.

Always allowed

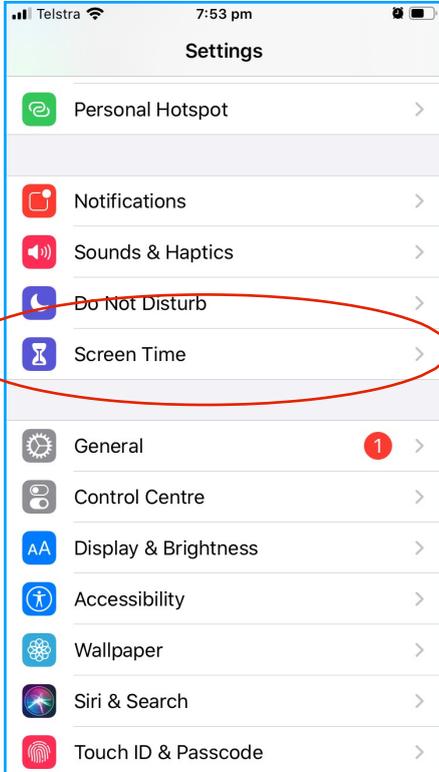
Choose content that is always allowed, even during Downtime.

Content and Privacy restrictions

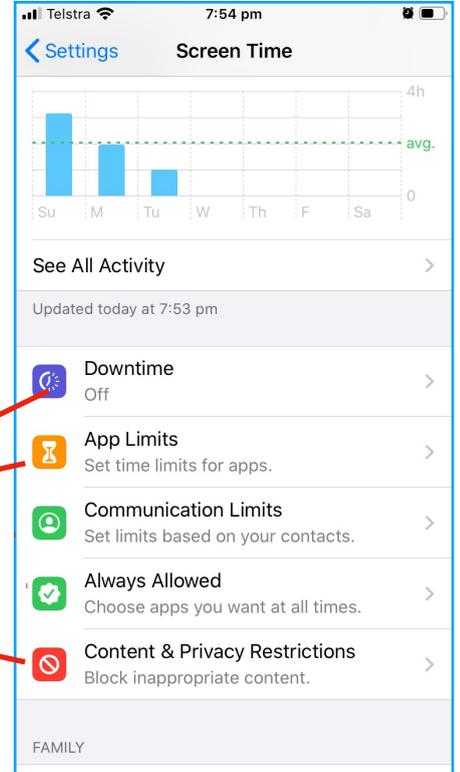
This allows you to block inappropriate content.



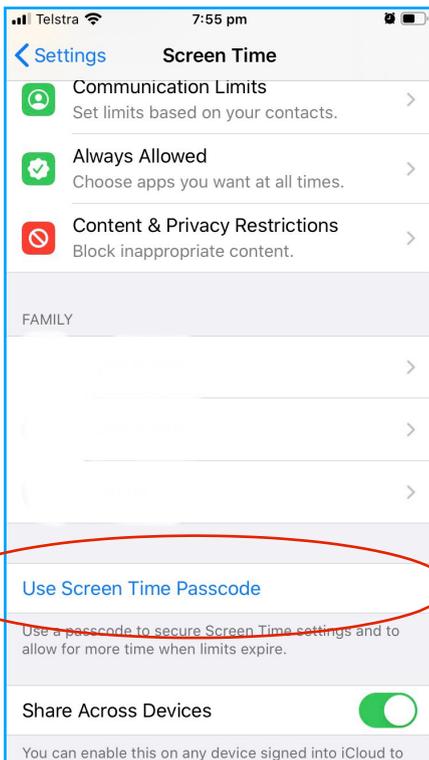
1. SELECT SETTINGS ON THE DEVICE



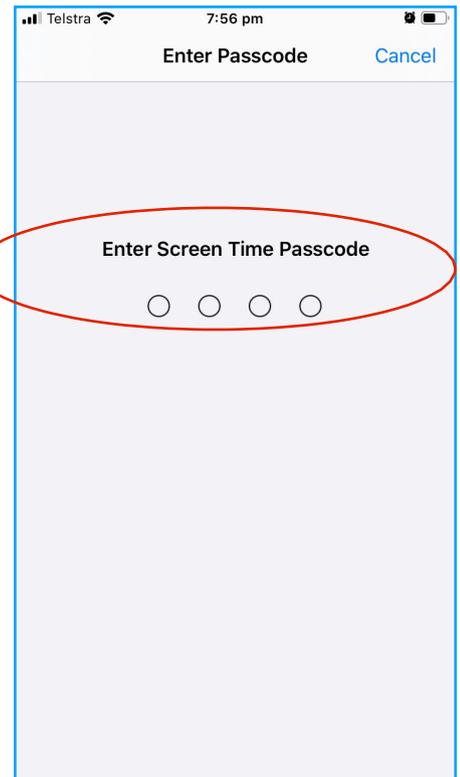
2. SELECT SCREEN TIME

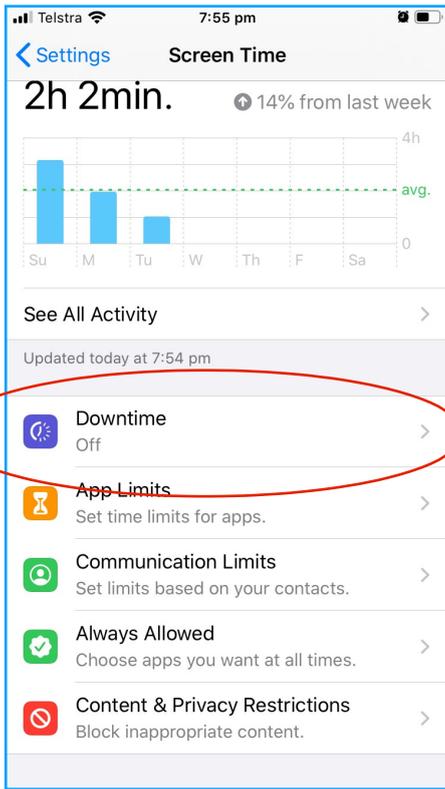


3. YOU WILL HAVE A NUMBER OF ASPECTS OF THE PHONE OR IPAD USE YOU CAN CONTROL

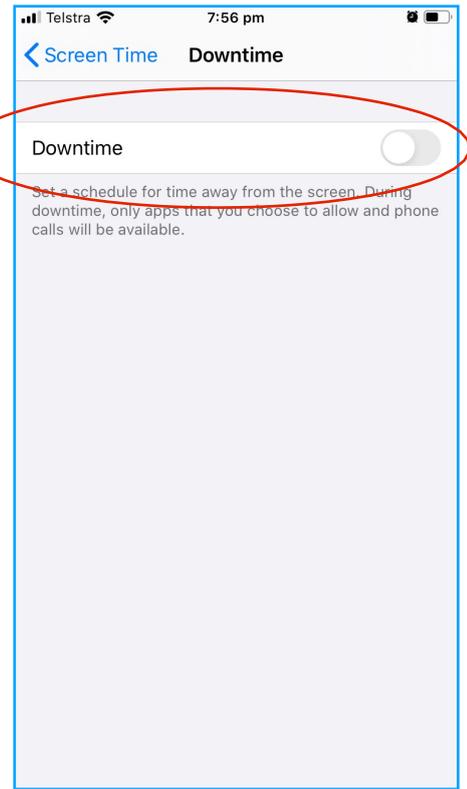


4. SCROLL DOWN AND SET A PERSONAL PASSCODE. CHOOSE A 4 DIGIT CODE THAT IS NOT COMMON TO YOUR CHILD

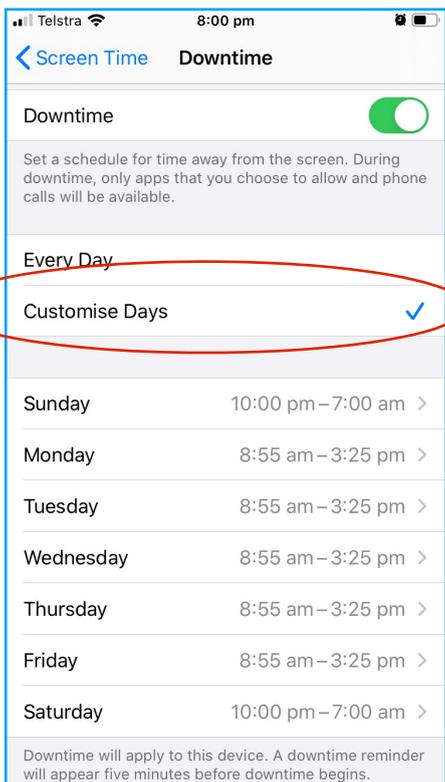




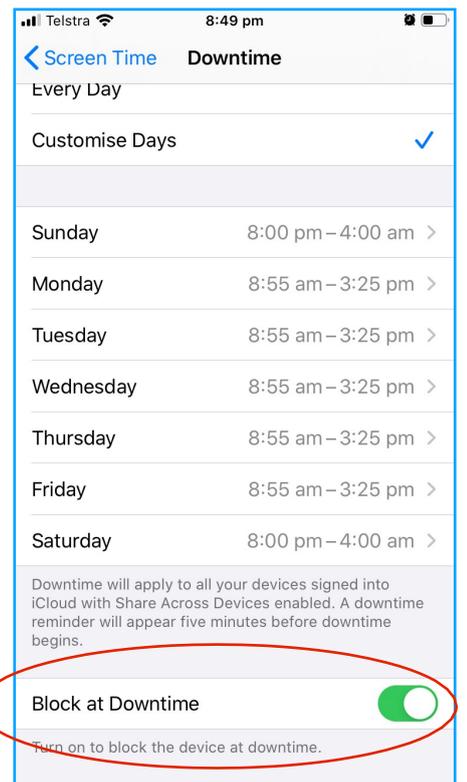
2. SELECT DOWNTIME



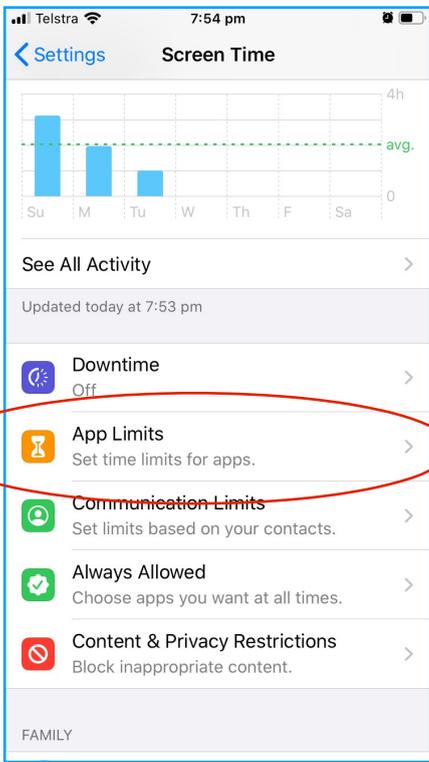
6. CLICK THE TOGGLE TO TURN IT GREEN



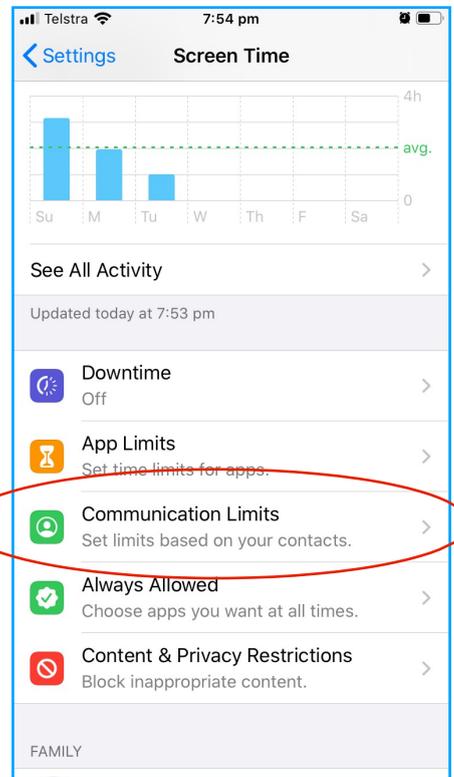
7. CHOOSE FROM EVERY DAY BLOCKING OR CUSTOMISE THE DAYS AND TIMES. I HAVE SUGGESTED THE SCHOOL TIMES.



8. TURN THE BLOCK AT DOWNTIME TOGGLE GREEN TO SWITCH THE APPS OFF.



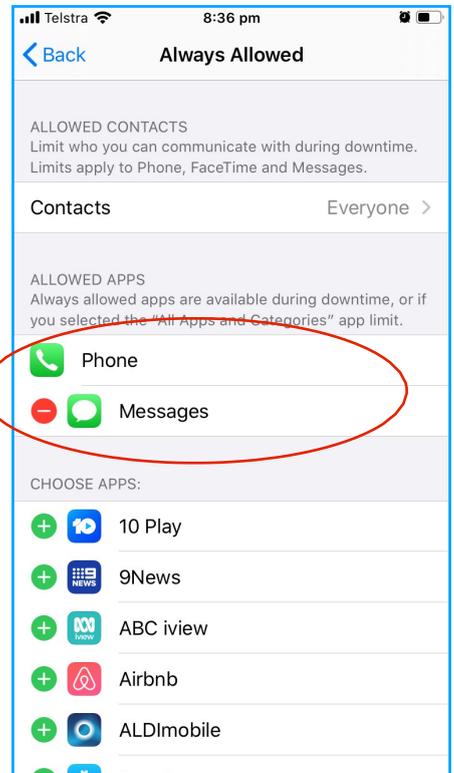
9. EXPLORE SETTING APP TIME LIMITS FOR GROUPS OF APPS



10. EXPLORE WHO CAN COMMUNICATE WITH YOUR CHILD DURING DOWNTIME VIA PHONE AND MESSAGES



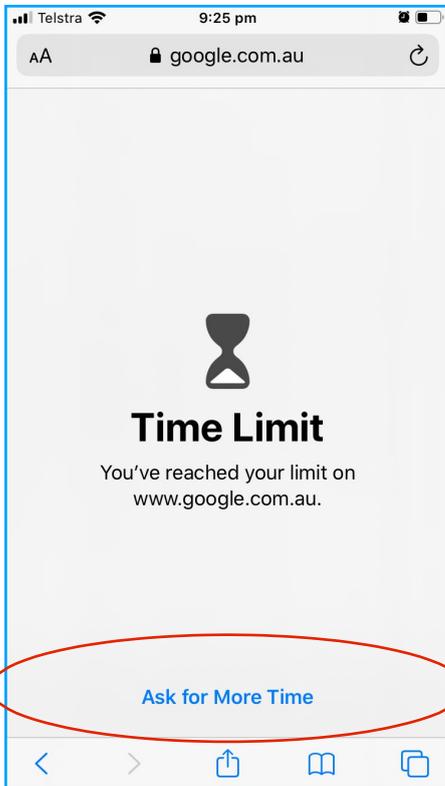
11. YOU MIGHT WANT SELECT SOME APPS THAT YOUR CHILD MAY BE ABLE TO USE AT ALL TIMES



12. ADD BY CLICKING THE GREEN PLUS OR REMOVE BY CLICKING THE RED MINUS.



13. DOWNTIME CHANGES THE HOME SCREEN WHEN ACTIVATED. ONLY THE APPS YOU HAVE ALLOWED WILL REMAIN THEIR NORMAL COLOUR.



14. WHEN STUDENTS CLICK ON A GREY APP IT WILL NOT ALLOW ACCESS UNLESS THEY ASK FOR MORE TIME. IF CLICKED THEY CAN ACCESS 1 FURTHER MINUTE OF TIME ONLY. ONCE USED IT WILL NOT BE AVAILABLE AGAIN FOR THAT APP.

